

## National Health Center Week 8-14 August

### Introduction:

For more than 45 years, community health centers have delivered comprehensive, high-quality preventive and primary health care to patients regardless of their ability to pay. During that time, community health centers have become the essential primary care medical home for millions of Americans, including some of the nation's most vulnerable populations.

With a proven track record of success, community health centers have played an essential role in national recovery and reinvestment efforts and will play a key role in implementation of the Affordable Care Act.

### When?





National Health Center Week is celebrated during August each year. This year, National Health Center Week will take place August 9-15, 2015—please mark your calendar!

### Why?




The purpose of NHCW is to raise public awareness about the value of Community Health Centers and their mission which is to provide affordable and accessible health care to medically vulnerable and underserved populations throughout the nation. There are events throughout the second week of August dedicated to the services and contributions of Community, Migrant, Homeless and Public Housing Health Centers.

### Activities:

- 🎗 **Day 1** - Educate your community, individuals or other organizations at your community health center.
- 🎗 **Day 2** - Wellness & Living Healthy: Community Health Centers play a critical role in preventive care and improving health disparities in their communities. Obtain resources on how to stay healthy and utilizing coverage:
  - How to Stay Healthy.
  - Exercise Guide.
  - Health Literacy Action Plan.
- 🎗 **Day 3** - Policy: Community Health Centers rely on federal funding to maintain services and programs.

-  **Day 4 - Outreach:** Outreach has been a Community Health Center activity for sometime but now has a wider scope with the passage of the Affordable Care Act.
-  **Day 5 - Enrollment:** Community Health Centers have been busy enrolling individuals for coverage.
-  **Day 6 - Community Empowerment:** Community Health Centers play a key role in their communities through engagement and other activities. Ideas to assist Community Health Centers in empowering their communities to live healthier:
-  **Day 7 - Community Health Center & Community Showcase:** Recognizing leaders in the community and within the Community Health Center are important. Obtain a step-by-step guide on how to honor a Community Health Center staff or community member:
  - ✧ Honoring a Community Health Center Staff Member.
  - ✧ Honoring a Community Member.
  - ✧ Partnership Ideas.
  - ✧ Press Release to Media.

### Reference Links:

-  <http://www.hrsa.gov/ourstories/healthcenter/healthcenterweek.html>
-  <http://www.mpca.net/?page=NHCW>
-  <http://www.nwrpca.org/outreach-and-enrollment/national-health-center-week.html>

**For any enquiry or assistance please contact:** [wellness@medicaretpa.co.in](mailto:wellness@medicaretpa.co.in)

**Disclaimer:** No information contained here should be relied on in making health decisions. Always check with your doctor or other health care provider.